

# MAD LIB

I am a <sup>1</sup>\_\_\_\_\_ year old kid, who happens to be completely awesome. I love to <sup>2</sup>\_\_\_\_\_ and <sup>3</sup>\_\_\_\_\_. I am sometimes afraid of things. I am afraid of <sup>4</sup>\_\_\_\_\_. I feel nervous about that because <sup>5</sup>\_\_\_\_\_ can be <sup>6</sup>\_\_\_\_\_ and <sup>7</sup>\_\_\_\_\_. Scary, right? Whenever I think about my biggest fear, I feel a little sad and nervous, and sometimes my <sup>8</sup>\_\_\_\_\_ feel(s) like I have a <sup>9</sup>\_\_\_\_\_ in it! When I'm feeling really afraid, I tell that scary thing that it should eat <sup>10</sup>\_\_\_\_\_ and go away!

To help me not feel so scared and nervous, I sometimes sing songs about <sup>11</sup>\_\_\_\_\_ when I start to feel afraid. I even make funny faces like a <sup>12</sup>\_\_\_\_\_ when I'm scared. That helps me feel a little better because I'm so funny! I never feel like I need to handle my feelings alone, because I can always ask my <sup>13</sup>\_\_\_\_\_ for help.

I learned that being afraid doesn't mean I can't be brave! When I talk about and face my fears, I learn more about what an incredible kid I can be.

## ANSWERS:

- 1: a number \_\_\_\_\_
- 2: name something you like to do \_\_\_\_\_
- 3: name something you like to do \_\_\_\_\_
- 4: noun \_\_\_\_\_
- 5: same answer as #4 \_\_\_\_\_
- 6: adjective \_\_\_\_\_
- 7: adjective \_\_\_\_\_
- 8: body part \_\_\_\_\_
- 9: noun \_\_\_\_\_
- 10: food \_\_\_\_\_
- 11: noun \_\_\_\_\_
- 12: animal \_\_\_\_\_
- 13: name a person you can trust \_\_\_\_\_